



Understanding the cost of your cancer care.

Summary:

Understanding the cost of your cancer care along with financial options and services available to you may provide a feeling of control, comfort

- It's common to have non-medical questions.
- Understanding the cost of your cancer care and available resources can be helpful.
- Your social worker can help you navigate the cost of cancer care such as:
 - Insurance coverage with co-payments, deductibles, and out-of-pocket expenses.
 - Insurance that covers any durable medical equipment you might need.
 - Available payment plans.
 - What does financial hardship mean, and what is covered through hardship status?
 - Local and national resources that help with options for housing, food, and transportation.
- Along with your cancer center resources, there are resources dedicated to assisting cancer cost management: National Cancer Institute, American Cancer Society, the United Way, Cancer Care, Cancer Financial Assistance Coalition, Healthcare Hospitality Network, and Angel Flight East:
 - <https://www.cancer.gov/about-cancer/managing-care/track-care-costs>
 - <https://www.cancer.org/support-programs-and-services.html>
 - <https://www.unitedway.org/find-your-united-way>
 - <https://www.cancercare.org>
 - <https://www.cancerfac.org>
 - <https://www.hhnetwork.org>
 - <https://www.angelflighteast.org>
- Documenting your medical expenses using a journal or online tool can be insightful:
 - Dates of each medical visit.
 - Tests and procedures received, with dates and results.
 - Treatments received, with dates.
 - Side effects and symptoms you have had, with dates.
 - Medicines prescribed.
 - Supportive or complementary care received.
 - <https://www.cancer.gov/about-cancer/managing-care/track-care-costs#keep-track-of-key-medical-information>